

# news

**Kahurangi**  
SCHOOL

## Kia ora Kahurangi whānau

I want to start with thanking you for responding to our communication and taking on board what was being asked of you even when some of you were hearing conflicting information. The trust you have in us is noticed and appreciated.

We did have a few hiccups ensuring our communication reached you. Some of you were only getting some of the emails even though we had definitely sent them to you - we're sorry this happened. Another issue was that there were long delays from when I sent them to you receiving them. I have no idea why this was and how we can fix it but I'm definitely going to look into what I can do to get it sorted.

Like us, you are probably seeing in the media the increasing numbers of cases in schools. It can be worrying as none of us want our tamariki to get sick. We know now that because Covid is in Wellington and our community, we will get more cases at Kahurangi. I want to assure you that we have good hygiene practices in place to keep the spread of the virus to a minimum. This is why we remain open at Red. It's great for a tamariki's wellbeing and learning to be at school with their friends and our kaiako.

Whānau your job remains the same. Please continue to keep a really close watch over your whānau for anyone with symptoms. If unwell, please stay at home and get advice about getting a test.

Symptoms of Covid to watch for are;

- A new or worsening cough
- Sneezing and runny nose
- A fever
- Temporary loss of smell or altered sense of taste
- Sore throat
- Shortness of breath

Less common symptoms include diarrhoea, headache, muscle aches, nausea, vomiting, malaise, chest pain, abdominal pain, joint pain, or confusion/irritability.

With Phase 3, the key change is that it is only confirmed cases and their household contacts who need to self-isolate. Over the page is a simple flowchart that has been shared with us. It is very easy to follow.

Thankfully rapid antigen tests (RATs) are now being used to diagnose COVID-19 as well as PCR tests. This will make everything a lot easier because you'll get an almost immediate test result back.

If anyone in your family is confirmed as having COVID-19, you will be asked to notify your close contacts yourself along with telling us. If this is the case please get in touch with us as soon as you can.

Transmission of COVID-19 is still most likely to happen in your home – so please keep doing all those good things to keep your whānau safe. There is also information online to help your family prepare to isolate if you need to.

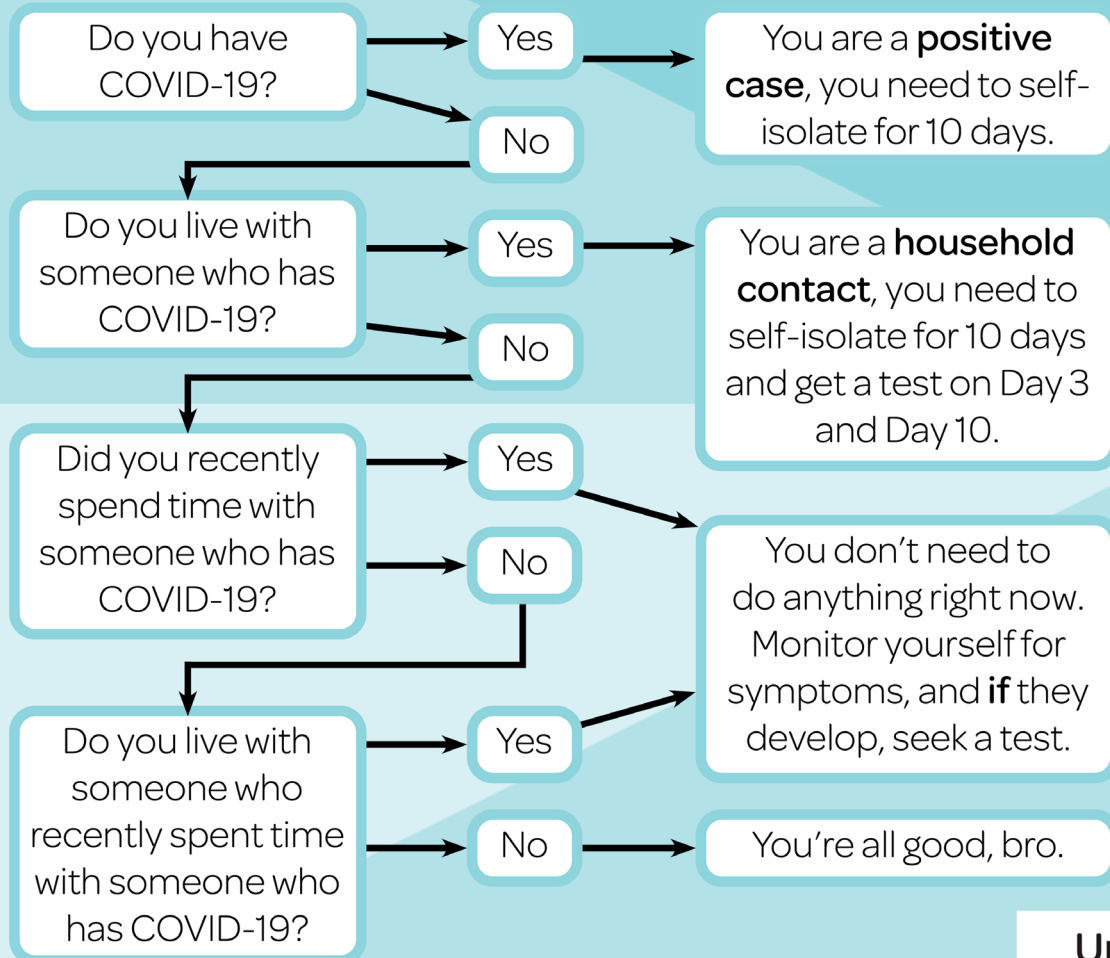
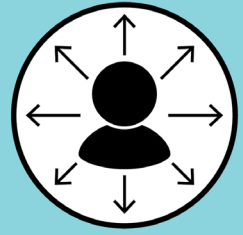
We know the impact of COVID-19 can be hard on a whānau financially. If you, or you know of a whānau in our community who is struggling, please reach out for support for example to access food, medicine, or access financial support: [Help is available – COVID-19 Health Hub](#).

If you have any concerns about sending your child to school, please do reach out as we want to help.

Finally I want to thank you again for your support and wish you a nice weekend.

Aku mihi,  
Kyran Smith | PRINCIPAL

# What type of contact are you?



**Te Kāwanatanga o Aotearoa**  
New Zealand Government

